

April 2011 K A BRETT

4	5	6	7	8
<u>Lunch</u> <u>Rotini/Meat Sauce</u> <u>Salad Bar</u> <u>Wheat Roll</u> <u>Fruit</u>	<u>Lunch</u> <u>French Toast Sticks</u> <u>Ham Slice</u> <u>Roast Potatoes</u> <u>Applesauce</u>	<u>Lunch</u> <u>Tamworth Tiger Sub</u> <u>(meat & cheese)</u> <u>Pretzels</u> <u>Salad Bar</u> <u>Fruit</u>	<u>Lunch</u> <u>Confetti Spaghetti</u> <u>Salad</u> <u>Veggie Sticks</u> <u>Biscuit</u> <u>Cherry Crisp</u>	<u>Lunch</u> <u>Cheese or Pepperoni</u> <u>Pizza</u> <u>(Whole Wheat</u> <u>Crust)</u> <u>Veggie Bar</u> <u>Fresh Fruit</u>
11	12	13	14	15
<u>Lunch</u> <u>Hamburger/Roll</u> <u>Cheese Slice</u> <u>Veggie Bar</u> <u>Apple Crisp</u>	<u>Lunch</u> <u>Chicken Fajita Wrap</u> <u>Mexican Rice</u> <u>Salad Bar</u> <u>Fruit</u>	<u>Lunch</u> <u>Corn Dog</u> <u>Baked Fries</u> <u>Cole Slaw</u> <u>100% Juice Bar</u>	<u>Lunch</u> <u>Roast Turkey/Gravy</u> <u>Mashed Potatoes</u> <u>Carrots Biscuit</u> <u>Jello/Topping</u>	<u>Lunch</u> <u>Cheese or Pepperoni</u> <u>Pizza</u> <u>(Whole Wheat</u> <u>Crust)</u> <u>Veggie Bar</u> <u>Fresh Fruit</u>

MENU SUBJECT TO
CHANGE WITHOUT
NOTICE

Milk is served daily for lunch. Choice of 1% or 2% milk is offered. ½% choc. milk is offered Mon. Wed Fri. We offer daily a choice of sandwich or regular lunch. All students who get hot lunch will have access to the salad bar 3 days per week.

Sandwich Choices:

April 4-9 Deli Turkey & Cheese

April 11-16 Tuna

April 25-30 Egg Salad

Peanut Butter & Jelly sandwich offered daily.

K A BRETT SCHOOL
BREAKFAST/LUNCH MENU
MARILYN PRIVE, FOOD SERVICE
DIRECTOR
foodservice@sau13.k12.nh.us
539-2610

FOODSERVICE REMINDER

Our lunch program operates on a prepay system. Payment should be made before purchase. Payments may be made for any amount for the week, month or longer. In accordance with lunch payment procedures in the student handbook if your child's lunch account is in arrears of \$10.00 or more a limited lunch of peanut butter & jelly or cheese sandwich may be served until the balance is paid. Parents will be notified.

Did you know?
 Orange fruits and vegetables such as Sweet potatoes, carrots cantaloupe, squash, and apricots are good for your eyes and help defend against bacteria viruses and toxins.

BREAKFAST MENU

Low fat milk
 100% juice
 Choice of Assorted cereals, or Yogurt, or Muffin

Trail mix or Raisins (optional)



Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to *USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410* or call 202-720-5964 (voice and TDD). USDA Is an equal opportunity provider and employer

18	19	20	21	22
VACATION	WEEK	HAVE A GREAT VACATION!		
25	26	27	28	29
<u>Lunch</u> <u>Beef Ravioli</u> <u>Green Beans</u> <u>Dinner Roll</u> <u>Fruit</u>	<u>Lunch</u> <u>Chicken Burger/Roll</u> <u>Lettuce/Tomato</u> <u>Pasta Salad</u> <u>100 % Juice Bar</u>	<u>Lunch</u> <u>Shepard's Pie</u> <u>Cranberry Sauce</u> <u>Biscuit</u> <u>Fruit</u>	<u>Lunch</u> <u>Deluxe Salad Bar</u> <u>Choice of meats, egg,</u> <u>cheese, bread, fruit,</u> <u>vegetables and</u> <u>sandwich</u>	<u>Lunch</u> <u>Cheese Or Pepperoni</u> <u>Pizza</u> <u>(Whole Wheat Crust)</u> <u>Veggie Bar</u> <u>Fresh Fruit</u>