

APRIL 2010 K. A. Brett

5	6	7	8	9
<u>Lunch</u> <u>Rotini/Meat Sauce</u> <u>Broccoli</u> <u>Wheat Roll</u> <u>Fruit</u>	<u>Lunch</u> <u>Mozzarella Cheese</u> <u>Sticks/Sauce</u> <u>Biscuit</u> <u>Salad Bar</u> <u>Fruit</u>	<u>Lunch</u> <u>Deluxe Salad Bar</u> <u>Choice of meats, egg,</u> <u>Cheese, bread, fruit,</u> <u>vegetables and</u> <u>sandwich</u>	<u>Lunch</u> <u>Chicken Burger/Roll</u> <u>Baked Fries</u> <u>Veggie Sticks</u> <u>Cookie</u>	<u>Lunch</u> <u>Cheese Pizza or</u> <u>Pepperoni Pizza</u> <u>Whole Wheat Crust</u> <u>(low fat cheese)</u> <u>Salad Bar</u> <u>Fresh Fruit</u>
12	13	14	15	16
<u>Lunch</u> <u>Corn Chowder</u> <u>Tuna Sandwich</u> <u>Crackers</u> <u>Juice Bar</u>	<u>Lunch</u> <u>NO SCHOOL</u> <u>TEACHER'S</u> <u>WORKSHOP</u>	<u>Lunch</u> <u>Deluxe Salad Bar</u> <u>Choice of meats, egg,</u> <u>cheese, bread, fruit,</u> <u>vegetables and</u> <u>sandwich</u>	<u>Lunch</u> <u>Beef Nachos/Cheese</u> <u>Sauce</u> <u>Rice</u> <u>Salad Bar</u> <u>Fruit</u>	<u>Lunch</u> <u>Cheese Pizza or</u> <u>Pepperoni Pizza</u> <u>Whole Wheat Crust</u> <u>(low fat cheese)</u> <u>Salad Bar</u> <u>Fresh Fruit</u>

MENU SUBJECT TO
CHANGE WITHOUT
NOTICE

Milk is served daily for lunch. Choice of 1% or 2% milk is offered. ½ % choc. milk is offered Mon. Wed. and Fri. for lunch. We offer daily a choice of sandwich or regular lunch. All students who get lunch will have access to the salad/veggie bar 3 days per week including Deluxe Salad Bar once per week. Please note: no Deluxe Salad Bar is offered during a 3 day week.

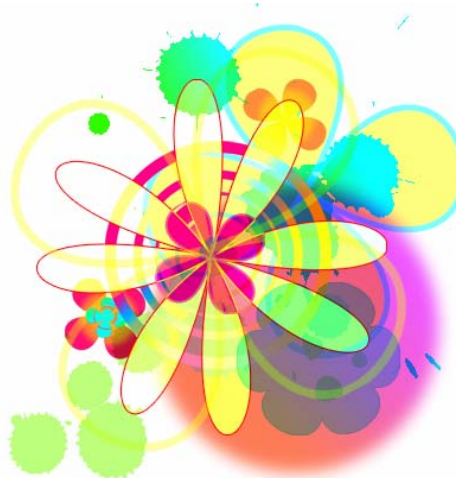
Sandwich Choices:

April 5-9 Deli Turkey & Cheese

April 12-16 Tuna

April 26-30 Egg Salad

K.A. BRETT SCHOOL
BREAKFAST/LUNCH MENU
MARILYN PRIVE, FOOD SERVICE
DIRECTOR
foodservice@sau13.k12.nh.us
539-2610





Fruit/Vegetable of the Month

Our Vegetable of the Month for March was **CAULIFLOWER**.

The students liked the cauliflower better cooked than raw.




The Fruit of the Month for April will be **STRAWBERRIES**.

BREAKFAST MENU

Low fat milk
 100% juice
 Choice of Bagel/cream cheese or
 Cereal or Muffin

Trail Mix (optional)

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to *USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410* or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer

19	20	21	22	23
VACATION	WEEK	HAVE A GREAT VACATION		
				
26	27	28	29	30
<u>Lunch</u> <u>Beef Ravioli</u> <u>Green Beans</u> <u>Biscuit</u> <u>Fruit</u>	<u>Lunch</u> <u>Scrambled Egg/Ham</u> <u>Bran Muffin</u> <u>Herbed Potatoes</u> <u>Strawberry Cup</u>	<u>Lunch</u> <u>Deluxe Salad Bar</u> <u>Choice of meats, egg, cheese, bread, fruit, vegetables and sandwich</u>	<u>Lunch</u> <u>Chicken Salad on Roll</u> <u>Salad Bar</u> <u>Apple Crisp</u>	<u>Lunch</u> <u>Cheese Pizza or Pepperoni Pizza</u> <u>Whole Wheat Crust (low fat cheese)</u> <u>Salad Bar</u> <u>Fresh Fruit</u>