

Phone - 323-7271  
881 Tamworth Road  
Tamworth, NH 03886  
www.brettschool.net

December 16, 2009



### Special points of interest!

- 12/16 - Jr. High Basketball Game at Halderness 3:30pm
- 12/16 - School Board Mtg. Followed by budget work session 6pm
- 12/17 - Give kids a smile forms due back
- 12/17 - Book give-away to students.
- 12/17 - Hannaford School Dollar certificates are due.
- 12/18 - H1N1 flu clinic from 12-2
- 12/21 - Budget work session 6pm
- 12/22 - Jr. High Basketball Game at home 4pm.
- 12/23 - All School Assembly 2:30pm
- 12/24-1/1 - School Vacation



Remember to have students bring the appropriate outdoor clothing to school so they are properly dressed for recess.

# KENNETH A. BRETT SCHOOL

**7/8 School Band** - The 7/8 Brett School Band will be hosting a "Holiday Tea" at the Cook Memorial Library on Friday, December 18th from 2-3pm. We will serve tea, hot chocolate and cookies and entertain with Holiday songs and stories. Open to all.

**Hannaford Helps Schools** - Please send in any school dollar certificates as we need to get them to the store tomorrow. Thanks for your help.

**Help Kids Read** - Can you give an hour of your time each week to a child who is struggling to learn how to read? What a gift!!! The Tamworth Caregivers and OASIS is once again offering a training session for would be tutors. Join the 10 volunteers who are already participating in this rewarding program. Training will be in January at a time convenient to you! If you are interested in learning more, email Sue Colten at [scolten2@nyc.rr.com](mailto:scolten2@nyc.rr.com) or call at 323-9717.

**Ski Volunteers needed to ride the bus** - We would like to thank the parent who has already committed to riding the bus to King Pine each week with our students. We are looking for more bus volunteers to help out. Please contact Kathi Brown in the office if you are interested.

**School Store** - The school store will be open tomorrow. The times will be announced.

### Nurse Information - WINTER SAFETY

Winter is a really fun time of year — it's great to have snowball fights, build snowmen, and construct igloos. But while out having fun, safety is very important. When it's cold outside and you and your kids are not prepared, it can make for an unpleasant experience. Follow these simple tips for outdoor winter fun!

**LOVE THOSE LAYERS** Dressing in layers is the best way to stay warm and toasty in the cold, because you can start out with lots of clothes to keep you warm and then peel them off once you start to heat up. Don't forget about warm socks, mittens and waterproof boots. Boots that have good treads for keeping you steady on snowy and icy areas are best!

**GRAB THAT HAT** tons of body heat escapes right from the head. Scarves, face masks, and earmuffs are also great at covering up.

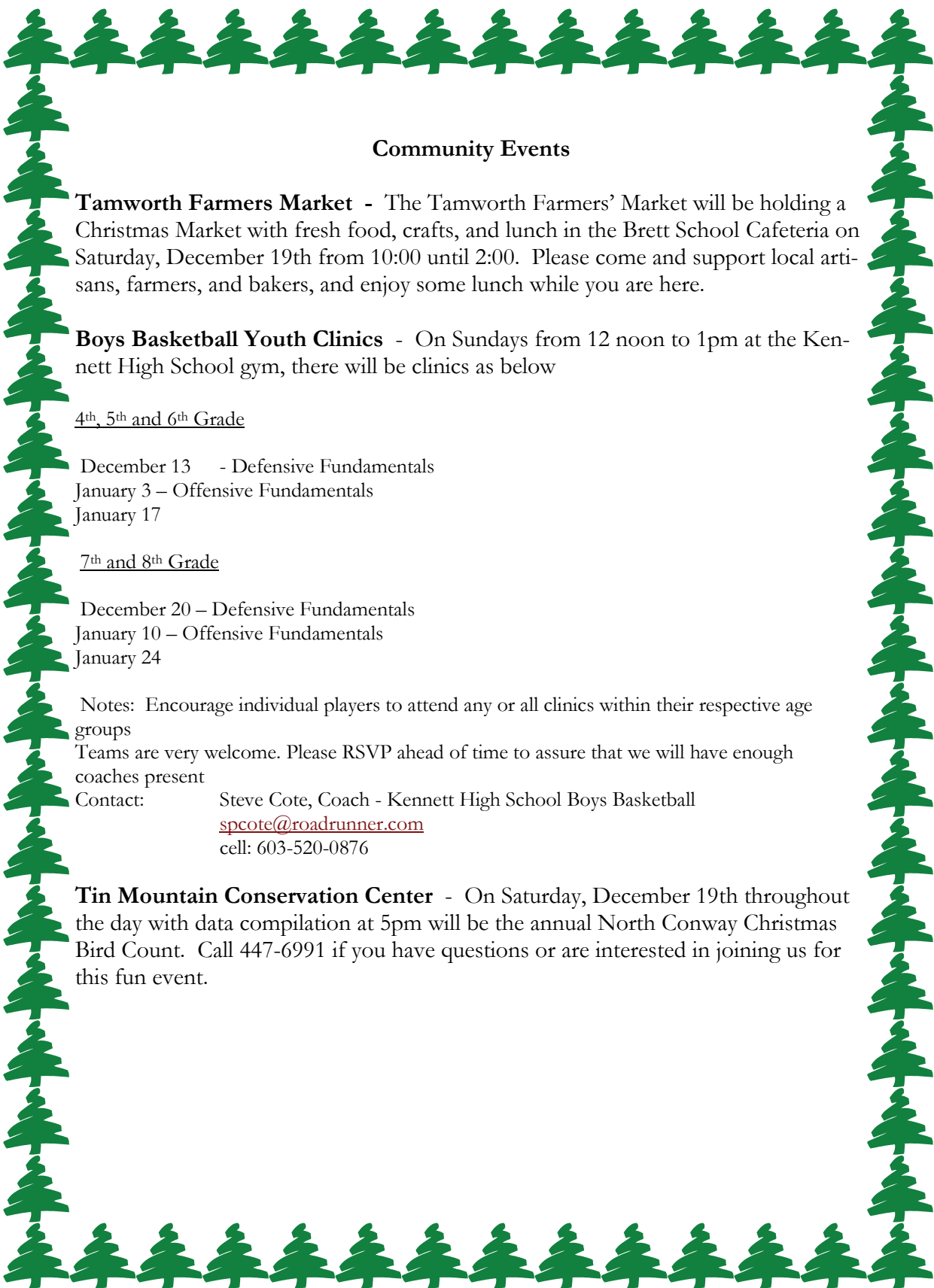
**DRINK UP** When you're outside in the cold and breathing hard, the body loses a lot of water. Therefore, it's important to drink plenty of water to stay hydrated.

**TAKE IT EASY** Remind your kids to take breaks and come inside when playing in the snow. When outside the body's temperature has a tendency to drop. It's important that low body temperature is not maintained for too long because that can result in making kids sick.

**FROST BITE** it's time to head inside when the skin is very red or if there is no feeling in fingers, toes, cheeks, ears, or nose, it may be a sign of frostbite. (Even if it's not frostbite, it's a sign that you should head inside anyway.) Sometimes frostbite can make these body parts hurt or feel hard when you touch them; it can also make the skin on these parts look glossy (shiny) or pale. Once inside re-warm the skin. Wiggle the part as much as you can - this will make more blood go to the area. If it's possible, hold the part against another area of the body that's warm — like holding your fingers on your stomach. Finally, if you ever think your child has frostbite, **never** stick the frostbitten part in hot water or hold something hot against it. Putting the part in **warm water** is OK. If the body part doesn't re-warm and skin color does not return to normal, call your doctor.

Lastly, **HAVE FUN**- we live in beautiful New England-it's important that everyone takes advantage of this wonderful season, ENJOY!!

**Reminder: H1N1 vaccination clinic on Friday December 18<sup>th</sup> 2009 12pm-2pm.**



## Community Events

**Tamworth Farmers Market** - The Tamworth Farmers' Market will be holding a Christmas Market with fresh food, crafts, and lunch in the Brett School Cafeteria on Saturday, December 19th from 10:00 until 2:00. Please come and support local artisans, farmers, and bakers, and enjoy some lunch while you are here.

**Boys Basketball Youth Clinics** - On Sundays from 12 noon to 1pm at the Kennett High School gym, there will be clinics as below

4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> Grade

December 13 - Defensive Fundamentals  
January 3 - Offensive Fundamentals  
January 17

7<sup>th</sup> and 8<sup>th</sup> Grade

December 20 - Defensive Fundamentals  
January 10 - Offensive Fundamentals  
January 24

Notes: Encourage individual players to attend any or all clinics within their respective age groups

Teams are very welcome. Please RSVP ahead of time to assure that we will have enough coaches present

Contact: Steve Cote, Coach - Kennett High School Boys Basketball  
[spcote@roadrunner.com](mailto:spcote@roadrunner.com)  
cell: 603-520-0876

**Tin Mountain Conservation Center** - On Saturday, December 19th throughout the day with data compilation at 5pm will be the annual North Conway Christmas Bird Count. Call 447-6991 if you have questions or are interested in joining us for this fun event.