

# KENNETH A. BRETT SCHOOL

January 27, 2010



## Special points of interest!

- 1/27 - Early Release dismissal at 12:30pm
- 1/28 - Jr. High basketball game at home vs. Kennett 4pm
- 1/28 - All school assembly at 2:15pm
- 1/29 - Ski/Skate program
- 2/3 - Fisher Cats Assembly 2:45
- 2/3 - School Board Meeting 5:30pm
- 2/3 - School Budget Hearing 7pm



## 7/8 Report Cards

The report cards will be sent home with students on Monday, February 1st.

## Nurse Information - SNACK ATTACK

Kids need to refuel their bodies more than three times a day, especially when they're really active. Walking, playing games in PE class, or carrying that monstrous backpack — it all takes energy. Kids also have small stomachs, so they may need to eat more often than adults. If kids don't get regular meals and snacks, they may get tired and grouchy. This is also true for adults...So snacks are a great way to avoid those cranky moods, and to give kids the energy they need to get through the day. It is not a great idea to just let kids eat because they're bored or watching TV. This can instill very bad eating habits in them that are hard to break. It is also important to choose healthy snack foods that will sustain a child's energy throughout the day. So instead of cookies and potato chips pack some fruit, yogurt, pretzels or any whole grain products. These things are packed with the nutrients to maintain your active child throughout their busy day. Wants to get more creative with snacking? Visit [healthkids.org](http://healthkids.org) for healthy snacks with a fun twist.

**Winter Concert** - [A Midwinter Night's Dream](#) - Our winter concert is coming right up on Wednesday, Feb. 10 at 6:30pm. We will be having a Bake Sale during the intermission, sponsored by the Brett School staff. Proceeds from our sale will go towards the Red Cross and their Haiti relief efforts. Any parent who wishes to join teachers in donating a baked item would be more than welcome and may drop off items at the Front Office.

**Good news!** The Mount Washington Valley Green Team has recognized the K. A. Brett School as a "Friend of met 13 different criteria ranging from involvement in community clean-up days to demand composting at school. [www.mwvgreenteam.org](http://www.mwvgreenteam.org) and environment.



Recycling" The Brett Schooling from involvement in demonstrating efforts in recycling Find out more at see what you can do to help the

**Pennies for Peace Campaign** - Please keep sending in those pennies to join other students around the country in working together to become members of a global family dedicated to peace.

**Friday Ski Bus** - If your child rides the bus back to school from King Pine, it is your responsibility to **be here at 4:30** so that you are here to pick them up when the bus arrives. There is no one available to supervise them.

**8th Grade Parents** - your student, to be used in in the main office.



Please send in baby pictures, of the yearbook. They may be left

## Community Events

**Arts Council of Tamworth** - Sunday, January 31. ACT, TMCC, and the Mountain Storytellers Guild join forces to present an afternoon of New England stories told around the fire in Tin Mountain's Great Room, beginning at 3:30pm. Vermont storyteller, writer, and TV and radio personality Will Lange will headline, accompanied by Guild storytellers Olga Morrill, David Newfeld and Jo Radner. Optional snowshoe and story excursions at 1:00pm are included in the ticket price. For tickets and more information visit [www.artstamworth.org](http://www.artstamworth.org) or call 603-323-8104.

**ACT! for Kids presents a Bookmaking Workshop** with Jay Rancourt, for kids ages 9 & up, on Saturday, February 6, from 1:30 to 4:30 p.m. at the Cook Memorial Library in Tamworth. Cost is \$3, and space is limited; register early by emailing [act@artstamworth.org](mailto:act@artstamworth.org) or calling 603-323-8104. For more information call Jay at 323-8510 or visit [artstamworth.org](http://artstamworth.org).

**Tin Mountain** - Black Bears of NH with Ben Kilham on Friday, January 29th at 7pm. Author Ben Kilham will share his insights and understanding of black bears gained observing bears in the wild and raising orphaned bear cubs on his property in Lyme, NH. Call 447-6991 for reservations or more information. [Ben Kilham to speak at Tin Mountain Conservation Center](#): Mrs. Vienneau highly recommends attending this presentation about black bears by Ben Kilham. The 7th and 8th grade classes have both viewed the film, "Mother Bear Man" which reenacts the first time Ben raised bear cubs as their mother. It is a fascinating film and Ben is an enthralling speaker. The presentation is this Friday evening, 7 PM at Tin Mt. in Albany. Call for reservations: 447-6991.

**Granite State College** - Who are you, where are you headed and how can higher education help? Come to a free workshop on Wednesday, January 27th from 3:30 to 5pm at Tri-County CAP Resource Center in Tamworth, NH. This fun, interactive workshop is for anyone unsure of their future direction and how to get there! Participants will learn how to identify their specific strengths, skills and interests; and set realistic career goals and objectives. Together we will explore higher educational opportunities to achieve needed skills. Learn about non-traditional paths of learning and set strategies to move ahead. For more information call Betsy Gemmecke at 447-3970.

**Children's Sledding Party** - This Sunday at Chocorua Community Church

All kids are invited to enjoy sledding on "Tupper Hill" at the Chocorua Community Church this Sunday, January 31 starting at 11:30 a.m. A Pizza lunch will be served around 12:30 along with refreshments. The Church is located east of the intersection of Routes 16 and 113 near the Chocorua Public Library. The event is sponsored by the Chocorua Community Church Children's Ministry. For more information call the church office at 323-7186.

**Race to beat Cancer** - The 33rd annual race to beat cancer will be held on Sunday, February 7th at Cranmore Mountain in North Conway. Bring your family out for a day of winter fun to benefit the American Cancer Society. Stop by the school office for a registration form or visit [cancer.org/racetobeatcancer](http://cancer.org/racetobeatcancer) for more information.