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February 25, 2010



### Special points of interest!

- 3/2 - All Day Kindergarten Forum 6:30pm
- 3/3 - Annual School District Meeting 7:30pm
- 3/3 - PTA Mtg. 6pm
- 3/3 - School Spirit Night 6:30pm
- 3/13 - Energy Fair at the school gym 9-12
- 3/13 - PTA Winter Snow Fest 10-12

### Ski/Skate Program Cancelled

Due to the snow conditions, tomorrow's programs have been cancelled and rescheduled for Friday, March 5th. Tomorrow will be a regular full day of school.

See The Back of  
the Newsletter for  
Community Events  
and  
Information On  
School Spirit Night  
on March 3rd.

# KENNETH A. BRETT SCHOOL

**Jump Rope for Heart-** This event will take place on the afternoon of March 18th. Packets need to be returned to Mrs. Brooks on March 17th. If you have any questions please contact Kerry Brooks at 323-7271 ext 303 or [kbrooks@tamworth.k12.nh.us](mailto:kbrooks@tamworth.k12.nh.us)

**Winter Concert** - Congratulations to our performers, cast and crew for their super performance of "A Midwinter Night's Dream". It really was a dream come true as we saw our students shine on stage! Everyone had their part to play in this production - students, teachers, staff - and we should be proud of what we've accomplished - together! We would like to thank Mr. Arnold and his program for the set production. We couldn't have done it without you! We'd like to also thank Mr. Marlowe for volunteering his time and talents with the African Drumming group. Finally, thanks to M&D Productions who volunteered to lead workshops on acting and set design. Catch their latest show *One Flew Over the Cuckoo's Nest*, featuring several of our faculty and directed by Mr. O'Neil. (Last dates: 2/25, 26 and 27.) Finally, thank you to parents who supported our efforts through the bake sale and cash donations. Together, we raised \$550.00 for Haiti!

**8th Grade Parents** - Last call for baby pictures of your child to be put into the year-book. Also, if you are interested in purchasing an ad to highlight your child, please call Kerry Dubuque at school for more information.

**All Day Kindergarten Forum** - Tuesday, March 2nd starting at 6:30pm in the school cafeteria. This forum will address the issues and concerns around an all day Kindergarten program.

### Nurse Information - Don't Forget to Floss

Let's talk Plaque. Plaque is a sticky colorless film of bacteria that constantly builds up, thickens and hardens on the teeth. If it is not removed by daily brushing and flossing, this plaque can harden into tartar and contribute to infections in the gums. Infections in the gums can lead to gum disease which could possibly result in loss of teeth.

Oral health is just not limited to your mouth. With proper care of your teeth and gums you are lowering your risk for a number of other health problems. By not brushing and flossing you are at increased risk for heart attack and stroke. The bacteria in plaque can travel from the mouth into the bloodstream, plaque from the mouth has been linked to the clogging of arteries and damage to heart valves. This bacteria can also travel down to the lungs, causing infection.

And did you know that pregnant women need to pay special attention to those pearly whites?. Studies show that pregnant women with gum disease are at higher risk of delivering pre-term, low birth weight babies than women without gum disease.

I hope even after Dental Awareness Month, parents and students still show their teeth the love and care they deserve! And congrats to all the students that made the bulletin board this month!

Just a few More Fun Facts about teeth. 1. The real name for baby teeth is milk teeth. 2. A Chinese dentist once built a tower out of 28,000 human teeth. 3. Sharks have at least 40 sets of teeth in their life time 4. Amount of floss bought per person in the US: 18 yards/yr/ Amount that should be bought per person: 122 yards/yr (figuring one foot a day).

### **Community Events**

**Tin Mountain** - Hummingbirds of North America on Thursday, March 4th at 7pm at the Nature Learning Center in Albany. Join photographers Kathy & Ed Bergeron on this photographic journey of hummingbirds of the southwest. Call 447-6991 for more information.

**3rd Annual MWV Regional Science and Technology Fair** - All 7th through 12th grade students from the Mt. Washington Valley are invited to participate in the fair on Thursday, May 13th. For more information contact Julie Hoyt at Julie.Hoyt@granite.edu or visit [www.mwvsciencefair.com](http://www.mwvsciencefair.com). Applications are due by March 27th.

**WMV Youth Lacrosse** - For ages 7 to 14. Registration is due prior to the 1st meeting on March 6th at John Fuller School. Brochures are available in the school office or visit [www.mwvlax.com](http://www.mwvlax.com)

# **School Spirit Night**

Hosted by the T.E.A.  
Tamworth Education Association

**Wednesday**  
**March 3<sup>rd</sup>**

6:30 – 7:00 PM Dinner  
Activities start at 7:00 PM

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Annual School District  
Meeting 7:30 PM

**Open to all Brett School Families**  
**Dinner & Activities are FREE**

Activities include: Computer games, Crafts, Movies,  
Quiet room (bring a sleeping bag & pillow  
if you want)

The teachers are sponsoring this event to make it more convenient for parents to participate in the Annual District Meeting. Don't worry about dinner & childcare. Join us for a spaghetti and meatball dinner, drop your kids off in one of the activity rooms, and participate in the annual meeting.

Please contact your child's teacher if you have any questions.