

KENNETH A. BRETT SCHOOL

March 17, 2010



Special points of interest!

- 3/17 - Early Release dismissal at 12:30
- 3/17 - School Board Meeting 5:30pm
- 3/18 - Jump Rope for Heart Event

Jump Rope for Heart

This event will take place on the afternoon of March 18th. If you have any questions please contact Kerry Brooks at 323-7271 ext 303 or kbrooks@tamworth.k12.nh.us



School Board Meeting - The meeting has been rescheduled to Wednesday, March 17th at 5:30pm. There will be free child care offered for school aged children by the TEA at this school board meeting.

Pennies for Peace Campaign - We would like to thank everyone who helped with this worthwhile cause. Due to the efforts of our community, we were able to raise \$566.00. A big thank you to everyone

PTA News - Save the date of May 15th for our golf tournament to be held at Indian Mound Golf Course to benefit the after school programs, field trips, and enrichment programs. Stay tuned for more information.

Nurse Information - Macaroni and Cheese doesn't have to come from a box

Not only is this version of mac-and-cheese nearly as fast as the boxed variety, but your family will be enjoying a much healthier meal!

Ingredients: *8 ounces whole-wheat elbow noodles, (2 cups), *1 10-ounce package frozen chopped broccoli (not broccoli fans? Substitute your favorite frozen veggie!), *1 3/4 cups low-fat milk, divided, *3 tablespoons flour, *1/2 teaspoon garlic powder, *1/2 teaspoon salt, *1/4 teaspoon ground white pepper, *3/4 cup shredded extra-sharp Cheddar cheese, *1/4 cup shredded Parmesan cheese, *1 teaspoon Dijon mustard

Preparation: 1.)Bring a large pot of water to a boil. Cook pasta for 4 minutes. Add frozen broccoli and continue cooking, stirring occasionally, until the pasta and broccoli are just tender, 4 to 5 minutes more. 2.)Meanwhile, heat 1 1/2 cups milk in another large pot over medium-high heat until just simmering. Whisk the remaining 1/4 cup milk, flour, garlic powder, salt and pepper in a small bowl until combined. Add the flour mixture to the simmering milk; return to a simmer and cook, whisking constantly, until the mixture is thickened, 2 to 3 minutes. Remove from the heat and whisk in Cheddar, Parmesan and mustard until the cheese is melted. 3.)Drain the pasta and broccoli and add to the cheese sauce. Return to the heat and cook, stirring, over medium-low heat, until heated through, about 1 minute. 4.) Serve and Enjoy!

Cal Ripken Baseball - Tonight is the last time to sign up. March 17th from 5:30 till 7:00pm in the conference room at school. Any questions, please call Kim Cotton at 662-8293.

Asthma Care for Kids Workshop - Monday, March 22nd from 6-7pm at Madison Elementary School. The goal of this workshop is to give child care providers, teachers, and parents the tools and knowledge they need to help children with asthma breathe easier and to create a healthier indoor environment. No Cost! Registration is preferred by calling 367-9800 or 1-866-261-7555 or email crr@whitemountainhealth.org.

See the back of the newsletter for **More Community Events**

Community Events

Tin Mountain - Felted Animals - Saturday, March 20th 10am - 12pm at the Nature Learning Center in Albany. Theresa Beckett will help us create an array of felted spring animals. Brighten up your spring baskets with felted sheep, bunnies, and bears. For adults and children ages 9 and above. Call 447-6991 for reservations.

3rd Annual MWV Regional Science and Technology Fair - All 7th through 12th grade students from the Mt. Washington Valley are invited to participate in the fair on Thursday, May 13th. For more information contact Julie Hoyt at Julie.Hoyt@granite.edu or visit www.mwvsciencefair.com. Applications are due by March 27th.

Arts Council of Tamworth - On Friday, March 19th vocalist and songwriter Linda Waterfall, accompanied by Peg Loughran, Lisa Ferguson, Belle Stafford, Seth Austen and Beverly Woods visit the Tamworth Congregational Church in Tamworth at 7:30pm. Come immerse yourself in moving lyrics and layers and layers of harmony. For tickets and information visit www.artstamworth.org or call 323-8104.

Arts Council of Tamworth - On Saturday, March 20th you are invited to kick up your heels with Jonathan Sarty & his White Mountain Boys at the Brass Heart Inn in Chocorua, NH at 7:30pm. Shake off the mud season blues dancing to Jonathan's great vocals and the full country sound of this wildly popular five-piece band. For tickets and information visit www.artstamworth.org or call 603-323-8104.

Arts Council of Tamworth - ACT for Kids present a Chicken Art Workshop with Lianne Prentice and Nicole Maher-Whiteside, for kids ages 8 & up, on Saturday, March 27, from 10:00am to 12:00pm at The Community School in S. Tamworth. Cost is \$3.00; register by emailing act@artstamworth.org or calling 323-8104.

Madison PTO - Haircut Fundraiser \$10.00 hair cuts at Combing Attractions on Main Street in Conway on Sunday, March 21st from 10am to 2pm. The money raised will go towards a new sound system.

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Tamworth Learning Circles Players - Will present Gulliver's Travails at the Barnstormers Theatre at 6pm on April 22nd. For ages 7-13, rehearsals on March 23rd and younger actors ages 5-6 join in April. For full details call 323-7477. Don't miss this dramatic opportunity.

Kennett High School Project Graduation - An evening of entertainment featuring jazz, vocals, flute ensembles, music and stories on Sunday, March 28th at 7pm at the Tamworth Congregational Church in Tamworth Village. Tickets are \$10.00 and are available at the door or call 323-8504. Refreshments served.