

April 7, 2010



Special points of interest!

- 4/7 PTA Meeting
7PM

- 4/13 Teacher
Workshop

No School

- 4/14 School Board
Mtg. 5:30pm
- 4/14 Jr. High Base-
ball/Softball at Nute
- 4/15 Ski/Skate/
Snowshoe Awards
- 4/19-4/23 April
Vacation

No School



PTA News

Save the date of May 15th for our golf tournament to be held at Indian Mound Golf Course to benefit the after school and enrichment programs at our school.

If you golf, get a team of four together to enjoy a great day. Registration forms are available in the school office.

KENNETH A. BRETT SCHOOL

Principal Search - KA Brett school principal Noel DeSousa is retiring at the end of the current school year. If you are interested in being a part of the process of hiring a new principal, in any capacity, please notify the SAU office by April 15th so your name and contact information can be provided to the appropriate committee chair member. Contacts: SAU phone: 539-2610, Jay McIntire jmcintire@sau13.k12.nh.us, or Kathy Barrett admin@sau13.k12.nh.us

Kindergarten Registration - If your child will be 5 years old by September 30, 2010, you can register for Kindergarten by calling 323-7271 to schedule an appointment for Monday, May 3rd or Tuesday May 4th.

Summer Camp Opportunity ~ YMCA Camp Belknap has once again offered scholarships for their boys' camp on Lake Winnepesaukee. Scholarships are for the Specialty Camp with a choice of attending for basketball, sailing, or tennis. No experience is necessary and boys aged 9-16 are welcome. The overnight camp dates are Monday, August 23rd - Saturday, August 28th. Please contact Donna Ullitz, Guidance Counselor, if you would like more information. Scholarships are available on a first request basis. The deadline for registration is May 1st.

Get Wet! This is a free program from the University of Maine that our 5th through 8th grade students will participate in. Every student that lives in a house with a private well will be able to bring a water sample to school and test it for six parameters. These include nitrates, pH, and iron. On Monday, April 12, the students will learn details about this project from the UME professor and be given their collection bottles. (Any student on town water will be able to pair up with another student to do the testing.) Please note: parent and student surveys, along with an explanatory letter, were sent home. Every survey that is returned will help out with this project. So, if you haven't done yours yet, please do so and return no later than Monday. (It is not necessary to fill out the survey to participate in the water testing.) Additional information can be obtained at the following website:

<http://www.umaine.edu/waterresearch/outreach/GetWet/index.htm>

Nurse Information - Water Is The Way to Go!

The body needs water to carry out many of its necessary functions. So it's *essential* to be providing your body with water so that it can properly perform those important functions. There is water found in things like veggies, fruits and beverages. So each time you are having a snack of fruit or having a juice you are providing your body with some necessary water. However, milk and water are the most valuable sources of providing water to the body.

Most visits I see in the nurse's office are directly linked with kids not drinking enough water. Things like headaches, stomachaches and just feeling sluggish are all due to dehydration. There is no specific amount recommended for kids to drink. The suggestions are drinking before, during, and after any activity, and drinking water when you are thirsty and drinking *extra* when it's warm out. For adults the recommended daily water intake is the 8x8 rule. That's 8 ounces of water times 8. The National Institute of Medicine recommends at least 13 cups/day for men and 9 cups/day for women (amount should increase with amount of activity). So drink up that H2O, your body will be grateful!!

See the back page of the newsletter for Community Events

Community Events

Tin Mountain - Ducks and Doughnuts - YOB Saturday, April 10th at 9am, meet at Sherman's Farm Parking Lot. We will explore the Saco River and other open water in search of wood ducks, hooded mergansers, golden eyes, and other early migrants. Bring binoculars and we'll bring the doughnuts! Call 447-6991 for reservations.



3rd Annual MWV Regional Science and Technology Fair - All 7th through 12th grade students from the Mt. Washington Valley are invited to participate in the fair on Thursday, May 13th. For more information contact Julie Hoyt at Julie.Hoyt@granite.edu or visit www.mwvsciencefair.com. Applications are due by March 27th.

Tamworth Learning Circles Players - Will present Gulliver's Travails at the Barnstormers Theatre at 6pm on April 22nd. For full details call 323-7477.

Tamworth Recreation Department - Sign up for T-Ball (ages 4, 5, and 6) and grades 4, 5 and 6 girl's softball will be on Friday, April 9th from 5-7:30pm at the Brett School gym. The fee is \$10.00 per child. For more information call 323-7582.



Poetry-on-baseball/baseball-on-poetry interactive workshop for boys and girls in grades 4-8 at the Cook Memorial Library on April 14th from 7 to 8 pm by poet and Sandwichlot founder Tim Muskat. All would be poetry and baseball lovers are welcome, though, cautions Tim, "we're really in the market for kids who want to play at and fiddle with a little of both." Workshop participants will explore connections between poetry and baseball; unravel a bit of the poetry-like physics of baseball and the baseball-like physicality of poetry; and, for the pure joy of it, dabble delightedly in the two art forms—by learning (on the one hand) how to throw a proper fastball and (on the other) by getting intimately acquainted with the hanging-curveball nature of baseball haiku. Call the library at 323-8510 to reserve your spot!

Volleyball Overnight Camp - For girls entering 6th - 9th grade in the fall of 2010. A summer camp experience with a concentration in Volleyball. Visit www.passetcrush.com for more information.

Touch A Truck - Save Saturday, May 1st from 10am to 2pm at Kennett High School for the "Touch-A-Truck" event to benefit the Mt. Washington Valley Music Boosters. This fundraising event is aimed toward younger children and will allow them to get up close to various vehicles, ask questions about them and even sit in them. Parents are encouraged to bring a camera and make a special memory. We will be selling hamburgers, hot dogs, popcorn, donuts and water. We'll have a clown, face-painting, balloons, and a whole lot of FUN! If you have any questions please contact Jacci Gilmore at jacci@localnet.com, Diane Gamache at gamachediane@yahoo.com or Iris Bowden at jarris1142@aol.com

Summertime is Fresh Air time for thousands of New York City children growing up in disadvantaged communities. Through The Fund's Friendly Town program, close to 5,000 children visit volunteer host families each summer in rural and suburban communities. Fresh Air children stay for two weeks or more in 300 Friendly Towns across 13 Northeastern states from Virginia to Maine and Canada. Since 1877, more than 1.7 million inner-city children, living in New York City's toughest neighborhoods, have experienced the joys of Fresh Air experiences. The Fresh Air Fund is primarily supported by the generosity of thousands of contributors. **Registration for host families is now open for summer 2010!**

For more information contact www.freshair.org or Mr. Krug at the school.