

June 16, 2010



Special points of interest!

- 6/16 Get Wet Presentation 6 to 7pm
- 6/18 8th Grade Celebration 7pm
- 6/21 Field Day 9-12
- 6/21 Move Up Day 1-2
- 6/21 End of Year Assembly 2:30
- 6/22 Last Day Early Release 12:30
- 6/22 School Board Meeting 5:30pm
- 9/2 First day of school for students in the fall



The staff of the K. A. Brett School would like to thank everyone for a wonderful school year and wish all students and their families a safe and fun summer vacation.

KENNETH A. BRETT SCHOOL

Nurse News - Catch Some ZZZ's

Just like eating and breathing, sleep is necessary for survival. Sleep gives your body rest and allows you to prepare for the next day. While sleeping your brain processes and stores all the information that you learned that day. The amount of sleep is individual for each person. Growing kids need about ten to eleven hours of sleep per night, and the average adult should get at least eight hours.

Missing sleep can result in clumsiness, problems thinking and performing everyday tasks. Loosing enough sleep could eventually make it impossible for the brain to give directions to the rest of the body. So help out your brain and your body by not neglecting sleep. With the time off from school this summer you were probably thinking about enjoying that summer sun all the time-but remember make time for sleeping and have a safe and happy summer!

Field Day - Fun at the Beach Field Day will be held on June 21st in the morning. Please make sure that your child(ren) have proper footwear, sunscreen, and a bottle of water for this event. The students in grades K-7 will also be **performing** at the last school assembly at 2:30. Family and friends are encouraged to attend.

8th Grade Celebration - Join students and families in the celebration on Friday, June 18th at 7pm.

Alternative Education Program - Students of the Alternative Education program recently built and donated a bookcase to the Carroll County House of Corrections and they are finishing a birch log reading area that will be donated to the Cook Library.

Community Events

Tamworth Swim Lessons - Registration for the swim program will be held on Thursday, June 24th from 1 to 3pm at White Lake State Park. For more information, call Brenda Robinson at 986-7873.

Tamworth Recreation Department - Sign up for the summer program will be on Monday, June 21st from 5-8pm in the gym lobby. Ages 7-14 and the cost is \$10.00 per child. For more information contact Parker Roberts at 323-7582.

Tennis Anyone? - Did you enjoy the tennis lessons last summer? Do you take lessons now or wish you could? The MWVCTA and Cranmore are sponsoring a Junior Tennis League this summer for kids 12 and under. This will include 6 lessons and 6 matches around the valley. Contact the League Coordinator at 367-1043 for more information.

ACT's Annual Art Show - Calling all artists; time to register for ACT's Annual Art Show & Sale and Art in the Park. The deadline for registering is July 8th. For more information about this activity visit www.artstamworth.org.

Summer Drama Workshops - Sifting Stories - with puppeteer/actor Will Cabell & storyteller Marion Posner. August 16 to 20th and performance August 21. Ages 5-7 and ages 8-13. For an application call 323-7477 or 968-7952 or email mfposner@gmail.com or willcabl@yahoo.com

Mount Washington Valley Soccer Club - Direct Kick Field Player Academy - Kennett Middle School, Conway, NH, August 9th to 12th. Directed by Giovanni Pacini, a noted expert in the area of player development with *international* experience brings his unmatched expertise to the Valley. As an NSCAA Master Coach and credentials that include working with some of the finest coaches in the world, players who attend Direct Kick will be exposed to the very latest techniques in training players. For more information visit www.mwvsoccer.com